

2020 MAYLA Boys Rules

2020 Rules for Boys Youth Lacrosse: The National Federation of State High School Associations (NFHS) 2020 Boys Lacrosse Rules Book shall govern MAYLA Lacrosse boys youth play, except as amended below.

Format of the following Section: All divisions will follow NFHS Boys Lacrosse Rules with the following modifications:

Rules	U8	U10 Half Field	Notes
Field Size	60 x 35		Wing Lines are optional
Official	1 Official		Adult Preferred
Players	7 v 7	8 v 8	NA
Legal Sticks	37" to 42"		NA
Goalie Arm Pads	Required		NA
Goalie	<i>Goalie cannot leave the crease to double team the ball carrier The goalie can leave the crease to contest a pass or chase a shot The goalie is allowed to clear the ball like a field player, but is NOT allowed to shoot or score a goal ****It is illegal procedure if the goalie violates any of these rules****</i>		
Overtime Rules	Game ends in tie		NA
Timing Rules	12 Minute Running Quarters Sub Breaks at 8 & 4 Minutes	12 Minute Running Quarters	No sub breaks for U10 Half field
	For U8 The official will let the play continue if team with possession is hot (2 Rule Pass)		
	**If the ball is loose the play continues until once team gains position, then the play will be stopped		
2 Pass Rule For U8	MAYLA U8 Games, required two complete passes in the offensive Half of the field MAYLA U10 Games, required one complete pass in the offensive Half of the field <ul style="list-style-type: none"> • If Player A1 makes a pass, the pass hits the ground, Player A2 drops the pass and picks it up prior to any other player touching the ball - the play is STILL HOT • The shot count is reset only when the defense gains possession of the ball, a goal is scored or the goalie defends a shot (See below for clarification) 		
1-Handed Checks	Slash		NA
Counts (10 & 20 sec)	No		NA
Keep it in	No		No
Stalling	Advance the ball / 5-second count		NA
Time-outs	1, per half		Clock Stops (60 Second Timeouts)
Body Checking	No		NA
Mercy Rule	Yes, 6 Goals		Losing Coach Option
Goalie Penalties	Yes		The in-house player can serve time for a goalie penalty
Fouling out	3 personal fouls OR 5 min of penalty time		NA

Officials will meet with both coaches 10 minutes prior to contest for the coaches' certification & to review the MAYLA Game Day Preface: (Please visit <http://www.metroatlantalax.com/> for the most up to date copy)

Other Information:

- Sportsmanship: The Officials and/or the Head Coach will make sure to work with sideline manager (or head coach) if parent(s) loses control
- Penalties: No time serving penalties. Explain the error to offending player and replace them on the field
- U8 Players: 2 attack, 2 defense, 2 middies, 1 goalie
- Face-off: Only 1 wing middie and they have to be on opposite sides
- U10 Players: 2 attack, 2 defense, 3 middies, 1 goalie
- U10 Face-off: Attack and Defense by GLE and middle line up on either sideline
- There is no over and back

Shot on Goal Situations:

Player 1 is hot and shoots the ball.

- Player hits the pipe of the goal or another player, the ball goes out of bounds. In all of these situations if the ball doesn't hit the goalie, then the play is STILL HOT
 - If the goalie makes the save (or the ball hits the goalie), the play is NO LONGER HOT and the pass count is reset

2020 MAYLA Boys Rules

2020 Rules for Boys Youth Lacrosse: The National Federation of State High School Associations (NFHS) 2019 Boys Lacrosse Rules Book shall govern MAYLA Lacrosse boys youth play, except as amended below.

Format of the following Section: All divisions will follow NFHS Boys Lacrosse Rules with the following modifications:

Rules	U10 Full Field	U12	U14
Field Size	NFHS		
Officials	2 Officials		
Legal Sticks	37" to 42"	NFHS	
Goalie Arm Pads	Required	Optional	Optional
Overtime Rules	Game Ends in Tie		
Timing Rules	12 Minute Running Quarters		
1-Handed Checks	Slash		
Counts (10 & 20 sec)	No	Yes, NFHS	
Keep it in	No	Yes, NFHS Only if goal differential is 4 goals or less	
Stalling	Advance the ball / 5-second count	Yes, NFHS**	
Time-outs	1, per half (Clock Stops, time-outs only last up to 60 seconds)		
Restart Rule	See 2020 Rule Changes		
Body Checking	No	Limited	
Mercy Rule	6 Goals	No	
Goalie Penalties can in-home serve	Yes		
Fouling out	3 personal fouls OR 5 min of penalty time		

Officials will meet with both coaches 10 minutes prior to contest for the coaches' certification & to review the MAYLA Game Day Preface: (Please visit <http://www.metroatlantalax.com/> for the most up to date copy)

Points of Emphasis:

- Sportsmanship: make sure to work with sideline manager (or head coach) if parents get out of control.
- Violent Collisions: Especially defenseless players and excessive body-checks.
- 3 yard rule for checking with cross instead of 5 yards (rule 4, section 15, NFHS book).

2020 Rule Changes Information:

- Illegal crosses no longer have different penalties. The penalties are all now two-minute, non-releasable in duration, and the crosse can be fixed before returning to play.
- For U10 Full Field, U12 and U14 the new restart rule allows for play to resume while a defensive player is within 5 yards of the player in possession. In all cases, the opposing player is required to allow the ball carrier a path to the goal and may not play the ball carrier until a minimum distance of 5 yards has been achieved. Foul against a Defensive player is Delay of Game, flag down, technical foul.

Previous Rule Changes & Rule Emphasis:

- "Targeting" checks with crosse or body will result in a 3-minute non-releasable penalty and possible ejection from the game.
- Holding with the portion of the crosse which is between your hands is now legal.
- It is **illegal** for the offensive player to Ward Off their opponent by using their body to create separation when making **contact** to a **defensive player BODY**. It is **legal** for a player with the ball with two hands on their crosse to **contact the crosse or the glove hand of the defensive player**.
- Possession has to be established in the offensive box for Over & Back to be called. A defensive player may reach over the midline with his crosse and bat the ball to keep it in his team's offensive half and thus prevent an over-and-back violation. However, he may NOT reach over the center line and bat the ball with their foot or any other part of his body except his gloved hand wrapped around his crosse. If he does so, it shall be turnover.
- During a Flag Down Slow Whistle (FDSW), the offensive team is no longer required to keep the ball in the attack box. In addition, during a FDSW, the ball hitting the ground doesn't stop the play.
- A second flag down will result in a whistle to stop play.
- A shot is considered a ball propelled (either thrown from a crosse, kicked, or otherwise physically directed) toward the goal by an offensive player with the intent of scoring a goal. A shot can only be made when the ball is parallel to or above the goal line extended.
- Sub-High School games don't require 6" of tape/paint for the face-off players.
- A goal is good if the shot is released before the clock turns 0 and the shot may hit the ground and/or a defensive player, again it still counts.
- If a stall warning is issued (and not under 2 minutes with less than four goals differential) and there is a shot, which the goalie saves or hits the pipe of the goal will end the stall warning.
- A restart can start within the defensive box when the defensive gains position after a whistle. A goalie can restart in the goalie crease.